The 2011 Educational Program Committee is pleased to share conference educational materials with you under the condition that they are used without alteration for educational and non-commercial use only. All materials are protected by copyright law. The authors kindly request their work is properly cited, including the date of publication.

For more information on Small Farms, visit our website at: http://smallfarms.ifas.ufl.edu or contact your local County Extension Agent. For inquiries about this topic, please contact:
Danielle Treadwell, Educational Program Chair.
Phone: (352)-273-4775
E-mail: ddtreadw@ufl.edu

Suggested Citation: Author Full Name. Title of Presentation or Handout. 2011 University of Florida-IFAS and Florida Agricultural and Mechanical University-CESTA Florida Small Farms and Alternative Enterprises Conference. July 15-17, Kissimmee, FL.

ADDITIONAL REFERENCE SHEET ON FOOD LABELING

Prepared by Chris Dickerson for the UF/FAMU 2011 Small Farms and Alternative Enterprises Conference

Food Permits:
http://www.freshfromflorida.com/fs/permitrq.html

Process Authority Labs in Florida
http://duval.ifas.ufl.edu/documents/PRIVATELABLIST-NutritionalAnalysis.doc

Do-it-Yourself Nutritional Facts Panel (Inexpensive):
http://www.labelcalc.com/

University of Georgia will develop your nutritional panel ($150)
http://www.foodscience.caes.uga.edu/extension/EFSServices.html#facts

Barcode Reseller:
http://www.upccode.net/?engine=adwords!111&keyword=bar+codes+Florida&gclid=CJiC757Uzlj4CF9inAodWRJgrw

Labels:
http://www.mavericklabel.com/
General Labeling

1. How large must the Nutrition Facts label be?

**Answer:** There are no specific size requirements for the nutrition label. However, the "Nutrition Facts" heading must be in a type size larger than all other print size in the nutrition label (21 CFR 101.9(d)(2)). Minimum type sizes of 6 point and 8 point are required for the other information in the nutrition label (21 CFR 101.9(d)(1)(iii)), and there are minimum spacing requirements between lines of text (21 CFR 101.9(d)(1)(ii)(C)).

2. What are the minimum type sizes and other format requirements for the Nutrition Facts label?

**Answer:** The illustration below indicates an example of the graphics FDA uses to display the Nutrition Facts label. Format requirements are specified in 21 CFR 101.9(d).

**Overall**

Nutrition Facts label is boxed with all black or one color type printed on a white or neutral background.

**Typeface and Size**

- The Nutrition Facts label uses 6 point or larger Helvetica Black and/or Helvetica Regular type. In order to fit some formats the typography may be kerned as much as -4 (tighter kerning reduces legibility).
- Key nutrients & their % Daily Value are set in 8 point Helvetica Black (but "%" is set in Helvetica Regular).
- Nutrition Facts is set in either Franklin Gothic Heavy or Helvetica Black to fit the width of the label flush left and flush right.
- Serving Size and Servings per container are set in 8 point Helvetica Regular with 1 point of leading.
- The table labels (for example, "Amount per Serving") are set in 6 point Helvetica Black.
- Absolute measures of nutrient content (for example, "1g") and nutrient subgroups are set in 8 point Helvetica Regular with 4 points of leading.
- Vitamins and minerals are set in 8 point Helvetica Regular, with 4 points of leading, separated by 10 point bullets.

- All type that appears under vitamins and minerals is set in 6 point Helvetica regular with 1 point leading.

Rules

- A 7 point rule separates large groupings as shown in the example. A 3 point rule separates calorie information from the nutrient information.

- A hairline rule or ¼ point rule separates individual nutrients, as shown in the example. The top half of the label (nutrient information) has 2 points of leading between the type and the rules, the bottom half of the label (footnotes) has 1 point of leading between the type and the rules.

Box

- All labels are enclosed by ½ point box rule within 3 points of text measure.